



## Strategy check-up

The strategy check-up sheet reinforces the strategies that good readers use and is great evidence of student learning.

**Strategies and skills practised:** predicting, visualising, questioning, vocabulary

**Materials:**



- Strategy check-up BLM
- text at the instructional level of the students


**Student grouping:** individual

**Procedure**

- 1 Cut and paste a suitable piece of text in the middle of the BLM.
- 2 Insert a stop point for students to make a prediction during reading and ask a question during reading. You could use the letters 'SP'.
- 3 Ensure students have been explicitly taught the predicting, visualising and questioning strategies.
- 4 Model one of the sections. For example, make a prediction and justify your prediction using evidence from the text and your prior knowledge.
- 5 Students fill out the other sections of the graphic organiser.
- 6 Share their ideas with a partner or as a group before reading the text.

**Variation**


A similar template could be created, and the strategies changed dependent on the ones you have taught.



### Strategy check-up

Name Richie

Date 14/5



#### Making predictions

Before reading:

I predict this text will be about how we shouldn't drink energy drinks.

At the stop point:

I predict the author will give us more detail about why it's not healthy to drink energy drinks.

#### 'Down with Energy Drinks' by Rohan Clifford

Quite often we see celebrities and sporting heroes on TV advertising all sorts of products, including energy drinks. Marketing and media companies are very skilful at making these items look attractive, using cool jingles and fun logos. But here are the facts: research shows that energy drinks don't


The real problem is that energy drinks can have up to 13 teaspoons of sugar! And that's just in one can! So imagine what happens to growing bodies when they are having two, three or even four energy drinks per day? That's a lot of sugar and caffeine! It's no wonder that **over-consumption** has triggered heart attacks and **palpitations** in some teenagers.


In a recent experiment, researchers drank a variety of energy drinks and had their blood tests analysed.

always do what they claim. They will not give you 'long-lasting energy' or hydrate you any quicker than a glass of ordinary tap water. However, a standard energy drink will give you about 80 milligrams of caffeine. That's approximately equivalent to a cup of coffee – which is fine in moderation. **Stop point**

Their blood literally became sticky. The findings confirmed that energy drinks could lead to serious heart attacks – and even strokes!

My advice is to always read the nutrition labels on food and drink containers. If a label is full of weird-sounding ingredients, stay away! Nothing gives you energy like the right training and being 'in the zone'. Good luck in the finals – and drink lots of water!





#### Questioning

Before reading:


Why does the author think we shouldn't drink energy drinks?

At the stop point:

What is caffeine?


After reading:

Why would your blood become sticky?




#### Visualising

Visualise a part in the text and draw it.



I visualised all that sugar at the bottom of a can of drink.



#### Vocabulary

Write down a tricky word and find out its meaning.

**palpitations** - this means you feel like your heart is going too fast or skipping a beat. Your heartbeat is irregular.

Teaching Reading Comprehension Strategies

© Sheena Cameron 2022 ISBN 9780655706656. This page is reproducible for classroom use.