

- 1 The Human Body: An Orientation 33**
- 1.1 An Overview of Anatomy 34**
- 1.1a Subdisciplines of Anatomy 34
Gross Anatomy 34
Microscopic Anatomy 34
Other Branches of Anatomy 34
- 1.1b The Hierarchy of Structural Organization 34
FOCUS FIGURE 1.1
 Levels of Structural Organization 35
- 1.1c Units of Measurement 38
- 1.1d Anatomical Terminology 38
- 1.2 Gross Anatomy: An Introduction 38**
- 1.2a Regional and Directional Terms 38
- 1.2b Body Planes and Sections 39
- 1.2c The Human Body Plan 42
- 1.2d Body Cavities and Membranes 43
Dorsal Body Cavity 43
Ventral Body Cavity 43
Serous Cavities 44
- 1.2e Abdominal Quadrants 45
- 1.2f Anatomical Variability 45
- 1.3 Microscopic Anatomy: An Introduction 45**
- 1.3a Light and Electron Microscopy 45
- 1.3b Scanning Electron Microscopy 46
- 1.3c Artifacts 47
- 1.4 Clinical Anatomy: An Introduction to Medical Imaging Techniques 47**
- 1.4a X-Ray Imaging 47
- 1.4b Advanced X-Ray Techniques 48
Computed Tomography 48
Angiography 49
- 1.4c Positron Emission Tomography 49
- 1.4d Sonography 50
- 1.4e Magnetic Resonance Imaging 50
Chapter Summary 51
Review Questions 52
- 2 Cells: The Living Units 54**
- 2.1 Overview of Cells 55**
- 2.2 The Plasma Membrane 56**
- 2.2a Structure 58
- 2.2b Functions 58
- 2.2c Membrane Transport 59
- 2.3 The Cytoplasm 60**
- 2.3a Cytosol 60
- 2.3b Cytoplasmic Organelles 61
Ribosomes 61
Endoplasmic Reticulum 61
Golgi Apparatus 62
Lysosomes 63
Mitochondria 64
Peroxisomes 64
Cytoskeleton 64
Centrosome and Centrioles 65
- 2.3c Cytoplasmic Inclusions 65
- 2.4 The Nucleus 66**
- 2.4a Nuclear Envelope 66
- 2.4b Nucleolus 66
- 2.4c Chromatin and Chromosomes 67
- 2.5 The Cell Life Cycle 69**
- 2.5a Interphase 69
- 2.5b Cell Division 69
Mitosis 69
FOCUS FIGURE 2.17
Mitosis 70
Cytokinesis 72
- 2.6 Developmental Aspects of Cells 72**
- 2.6a Cell Differentiation 72
- 2.6b Aging 73

**CLINICAL APPLICATIONS**

Hypercholesterolemia 60 Tay-Sachs Disease 63

Related Clinical Terms 74**Chapter Summary 74****Review Questions 76****3 Basic Embryology 78****3.1 Stages of Prenatal Development 79****3.2 The Basic Body Plan 79****3.3 The Embryonic Period 80**

3.3a Week 1: From Zygote to Blastocyst 80

3.3b Week 2: The Two-Layered Embryo 82

3.3c Week 3: The Three-Layered Embryo 82

*The Primitive Streak and the Three**Germ Layers 82**The Notochord 83**Neurulation 84**The Mesoderm Begins to Differentiate 86*

3.3d Week 4: The Body Takes Shape 86

*Folding 86**Derivatives of the Germ Layers 86*

3.3e Weeks 5–8: The Second Month of Embryonic Development 88

3.4 The Fetal Period 91**A CLOSER LOOK***Focus on Birth Defects 92***CLINICAL APPLICATIONS**

Conjoined (Siamese) Twins 81 Neural Tube Defects 85

Related Clinical Terms 93**Chapter Summary 93****Review Questions 94****4 Tissues 96****4.1 Epithelial Tissue 97**

4.1a Special Characteristics of Epithelia 98

4.1b Classification of Epithelia 98

*Simple Epithelia 99**Stratified Epithelia 104*

4.1c Glands 104

*Endocrine Glands 104**Exocrine Glands 104*

4.1d Epithelial Surface Features 106

*Lateral Surface Features: Cell Junctions 106**Basal Feature: The Basal Lamina 108**Apical Surface Features: Microvilli and Cilia 108***4.2 Connective Tissue 109**

4.2a Special Characteristics of Connective Tissues 110

4.2b Structural Elements of Connective Tissues 111

*Cells 111**Fibers 112**Ground Substance 112*

4.2c Classification of Connective Tissues 113

*Connective Tissue Proper—Loose Connective Tissues 113**Connective Tissue Proper—Dense Connective Tissue 116**Cartilage 118**Bone 121**Blood 121*

4.2d Covering and Lining Membranes 121

FOCUS FIGURE 4.11

Identifying Epithelial and Connective Tissues 122

4.3 Muscle Tissue 125**4.4 Nervous Tissue 125****4.5 Tissue Response to Injury 127**

4.5a Inflammation 127

4.5b Repair 129

4.6 The Tissues Throughout Life 129**A CLOSER LOOK***Cancer—The Intimate Enemy 131***CLINICAL APPLICATIONS**

Basement Membranes and Diabetes 108

Kartagener's Syndrome 109 Scurvy 112

Related Clinical Terms 130**Chapter Summary 132****Review Questions 133****5 The Integumentary System 135****5.1 The Skin and Subcutaneous Tissue 136**

5.1a Epidermis 137

Layers of the Epidermis 137

5.1b Dermis 140

*Papillary Dermis 140**Reticular Dermis 140*

A CLOSER LOOK

Tattoos 142

5.1c Subcutaneous Tissue 142

5.1d Skin Color 142

5.2 Appendages of the Skin 143

5.2a Nails 143

5.2b Hair and Hair Follicles 144

Hair 144

Hair Follicles 144

Types and Growth of Hair 146

Hair Thinning and Baldness 146

5.2c Sebaceous Glands 147

5.2d Sweat Glands 147

Eccrine Sweat Glands 148

Apocrine Sweat Glands 148

5.3 Disorders of the Integumentary System 148

5.3a Burns 148

5.3b Skin Cancer 150

Basal Cell Carcinoma 150

Squamous Cell Carcinoma 150

Melanoma 150

5.4 The Skin Throughout Life 150**CLINICAL APPLICATIONS**

Skin's Response to Friction 140 Decubitus Ulcer 140

The Patch Drug Delivery System 141 Freckles and Moles 143 Cyanosis 143 Chemotherapy and Hair Loss 146 Acne 147

Related Clinical Terms 151**Chapter Summary 152****Review Questions 153****6 Bones and Skeletal Tissues 155****6.1 Cartilages 156**

6.1a Location and Basic Structure 156

6.1b Types of Cartilage 157

Hyaline Cartilage 157

A CLOSER LOOK

The Marvelous Properties of Cartilage 158

Elastic Cartilage 158

Fibrocartilage 158

6.1c Growth of Cartilage 159

6.2 Bones 159

6.2a Functions of Bones 159

6.2b Bone Tissue 159

Extracellular Matrix 159

Cells 160

6.2c Gross Anatomy of Bones 160

Classification of Bones 160

Compact and Spongy Bone 161

Structure of a Typical Long Bone 161

Structure of Short, Irregular, and Flat Bones 163

Bone Design and Stress 163

6.2d Microscopic Structure of Bone 164

Compact Bone 164

Spongy Bone 167

6.2e Bone Development and Growth 167

Intramembranous Ossification 168

Endochondral Ossification 168

Anatomy of the Epiphyseal Plate 170

Postnatal Growth of Endochondral Bones 171

6.2f Bone Remodeling 171

6.2g Repair of Bone Fractures 173

6.3 Disorders of Bones 175

6.3a Osteoporosis 175

6.3b Osteomalacia and Rickets 176

6.3c Osteosarcoma 176

6.4 The Skeleton Throughout Life 177**CLINICAL APPLICATIONS**

Achondroplasia 171 Paget's Disease 173

Traction 175

Related Clinical Terms 178**Chapter Summary 178****Review Questions 179****7****Bones, Part 1: The Axial Skeleton 182****7.1 The Skull 184**

7.1a Overview of Skull Geography 184

7.1b Cranial Bones 185

Parietal Bones and the Major Sutures 185

Sutural Bones 186

Frontal Bone 187

Occipital Bone 187

Temporal Bones 188

- Sphenoid Bone 190
- Ethmoid Bone 194
- 7.1c Facial Bones 194
 - Mandible 194
 - Maxillary Bones 195
 - Zygomatic Bones 199
 - Nasal Bones 199
 - Lacrimal Bones 199
 - Palatine Bones 199
 - Vomer 199
 - Inferior Nasal Conchae 199
- 7.1d Special Parts of the Skull 199
 - Nasal Cavity 199
 - Paranasal Sinuses 200
 - Orbits 201
 - The Hyoid Bone 201
- 7.2 The Vertebral Column 202**
 - 7.2a Regions and Normal Curvatures 202
 - 7.2b Ligaments of the Spine 203
 - 7.2c Intervertebral Discs 203
 - 7.2d General Structure of Vertebrae 204
 - 7.2e Regional Vertebral Characteristics 205
 - Cervical Vertebrae 206
 - Thoracic Vertebrae 207
 - Lumbar Vertebrae 208
 - Sacrum 209
 - Coccyx 209
- 7.3 The Thoracic Cage 210**
 - 7.3a Sternum 211
 - 7.3b Ribs 211
- 7.4 Disorders of the Axial Skeleton 212**
 - 7.4a Cleft Palate 212
 - 7.4b Stenosis of the Lumbar Spine 212
 - 7.4c Abnormal Spinal Curvatures 212
- 7.5 The Axial Skeleton Throughout Life 213**



CLINICAL APPLICATIONS

- Deviated Septum 199
- Herniated Disc 204
- The Dens and Fatal Trauma 206

Related Clinical Terms 214

- Chapter Summary 215**
- Review Questions 216**

8 Bones, Part 2: The Appendicular Skeleton 217

- 8.1 The Pectoral Girdle 218**
 - 8.1a Clavicles 218
 - 8.1b Scapulae 219
- 8.2 The Upper Limb 219**
 - 8.2a Arm 219
 - 8.2b Forearm 223
 - Ulna 223
 - Radius 223
 - 8.2c Hand 224
 - Carpus 224
 - Metacarpus 224
 - Phalanges of the Fingers 224
- 8.3 The Pelvic Girdle 226**
 - 8.3a Ilium 226
 - 8.3b Ischium 228
 - 8.3c Pubis 228
 - 8.3d Pelvic Structure and Childbearing 229
- 8.4 The Lower Limb 229**
 - 8.4a Thigh 229
 - 8.4b Leg 231
 - Tibia 233
 - Fibula 234
 - 8.4c Foot 234
 - Tarsus 235
 - Metatarsus 235
 - Phalanges of the Toes 235
 - Arches of the Foot 235
- 8.5 Disorders of the Appendicular Skeleton 236**
- 8.6 The Appendicular Skeleton Throughout Life 237**



CLINICAL APPLICATIONS

- Fractures of the Clavicle 219
- Palpation of Colles' Fracture 223
- Carpal Tunnel Syndrome 226
- Hip Fracture as a Result of Osteoporosis 229
- Ankle Fractures 234
- Metatarsal Stress Fracture 235

Related Clinical Terms 237

- Chapter Summary 238**
- Review Questions 238**

- 9 Joints 240**
- 9.1 Classification of Joints 241**
- 9.2 Fibrous Joints 241**
- 9.2a Sutures 241
- 9.2b Syndesmoses 241
- 9.2c Gomphoses 242
- 9.3 Cartilaginous Joints 242**
- 9.3a Synchondroses 242
- 9.3b Symphyses 242
- 9.4 Synovial Joints 242**
- 9.4a General Structure of Synovial Joints 243
- 9.4b Movements Allowed by Synovial Joints 245
- Gliding 245*
- Angular Movements 246*
- Special Movements 249*
- 9.4c Types of Synovial Joints 249
- 9.4d Factors Influencing the Stability of Synovial Joints 249
- Articular Surfaces 249*
- FOCUS FIGURE 9.8**
- Synovial Joints 250
- Ligaments 252
- Muscle Tone 252
- 9.5 Selected Synovial Joints 253**
- 9.5a Temporomandibular Joint 254
- 9.5b Sternoclavicular Joint 256
- 9.5c Shoulder (Glenohumeral) Joint 256
- 9.5d Elbow Joint 258
- 9.5e Wrist Joint 259
- 9.5f Hip Joint 260
- 9.5g Knee Joint 261
- 9.5h Ankle Joint 264
- 9.6 Disorders of Joints 266**
- 9.6a Joint Injuries 266
- Torn Cartilage 266*
- Sprains 266*
- Dislocations 267*
- 9.6b Inflammatory and Degenerative Conditions 267
- Bursitis, Tendonitis, and Tenosynovitis 267*
- Arthritis 267*

9.7 The Joints Throughout Life 269



CLINICAL APPLICATIONS

Temporomandibular Disorders 255 Shoulder Dislocations 258 Elbow Trauma 259 Knee Injuries 263 Ankle Sprains 266 Autologous Cartilage Implantation 266 Nursemaid's Elbow 267

Related Clinical Terms 269

Chapter Summary 270

Review Questions 271

10 Skeletal Muscle Tissue 273

10.1 Overview of Muscle Tissue 274

10.1a Properties of Muscle Tissue 274

Terminology Specific to Muscle Tissue 274

10.1b Functions of Muscle Tissue 274

10.1c Types of Muscle Tissue 274

Skeletal Muscle Tissue 274

Cardiac Muscle Tissue 274

Smooth Muscle Tissue 274

10.2 Skeletal Muscle 276

10.2a Gross Anatomy of a Skeletal Muscle 276

Connective Tissue and Fascicles 276

Nerves and Blood Vessels 277

Muscle Attachments 277

10.2b Microscopic Structure of Skeletal Muscle Tissue 278

The Skeletal Muscle Fiber 278

Myofibrils and Sarcomeres 278

Titin and Other Myofibril Proteins 280

Sarcoplasmic Reticulum and T Tubules 280

10.2c Functional Anatomy of Skeletal Muscle Tissue 281

Mechanism of Contraction 281

Muscle Extension 282

Muscle Fiber Length and the Force of Contraction 282

Innervation of Skeletal Muscle 283

Types of Skeletal Muscle Fibers 284

10.3 Disorders of Skeletal Muscle Tissue 287

10.3a Muscular Dystrophy 288

10.3b Myofascial Pain Syndrome 288

10.3c Fibromyalgia 288

10.4 Skeletal Muscle Tissue Throughout Life 288

A CLOSER LOOK

Anabolic Steroid Abuse 290



CLINICAL APPLICATIONS

Delayed-Onset Muscle Soreness 282 Muscle Twitch 284 Rhabdomyolysis 285

Related Clinical Terms 290

Chapter Summary 291

Review Questions 292

11 Muscles of the Body 294

11.1 Mechanics of Muscle Function 295

11.1a Arrangement of Fascicles in Muscles 295

11.1b Lever Systems: Bone-Muscle Relationships 296

First-Class Lever 296

Second-Class Lever 298

Third-Class Lever 298

11.1c Muscle Actions and Interactions 298

FOCUS FIGURE 11.4

Muscle Action 299

11.2 Organization of Skeletal Muscles 300

11.2a Organizational Scheme Based on Embryonic Development 300

11.2b Muscle Compartments of the Limbs 302

Upper Limb 302

Lower Limb 302

11.3 Major Skeletal Muscles of the Body 305

11.3a Naming the Skeletal Muscles 305

11.3b The Muscle Tables 305

Table 11.1 Muscles of the Head, Part I: Facial Expression 309

Table 11.2 Muscles of the Head, Part II: Mastication and Tongue Movement 312

Table 11.3 Muscles of the Anterior Neck and Throat: Swallowing 314

Table 11.4 Muscles of the Neck and Vertebral Column: Head Movements and Trunk Extension 317

Table 11.5 Deep Muscles of the Thorax: Breathing 321

Table 11.6 Muscles of the Abdominal Wall: Trunk Movements and Compression of Abdominal Viscera 323

Table 11.7 Muscles of the Pelvic Floor and Perineum: Support of Abdominopelvic Organs 326

Table 11.8 Superficial Muscles of the Anterior and Posterior Thorax: Movements of the Scapula 328

Table 11.9 Muscles Crossing the Shoulder Joint: Movements of the Arm (Humerus) 332

Table 11.10 Muscles Crossing the Elbow Joint: Flexion and Extension of the Forearm 335

Table 11.11 Muscles of the Forearm: Movements of the Wrist, Hand, and Fingers 336

Table 11.12 Summary of Actions of Muscles Acting on the Arm, Forearm, and Hand 342

Table 11.13 Intrinsic Muscles of the Hand: Fine Movements of the Fingers 343

Table 11.14 Muscles Crossing the Hip and Knee Joints: Movements of the Thigh and Leg 346

Table 11.15 Muscles of the Leg: Movements of the Ankle and Toes 354

Table 11.16 Summary of Actions of Muscles Acting on the Thigh, Leg, and Foot 360

Table 11.17 Intrinsic Muscles of the Foot: Toe Movement and Foot Support 361

11.4 Regional Surface Anatomy 364

11.4a The Head 365

The Cranium 365

The Face 365

11.4b The Neck 366

Skeletal Landmarks 366

Muscles of the Neck 367

Triangles of the Neck 367

11.4c The Thorax 367

Skeletal Landmarks 367

Muscles of the Thorax 367

11.4d The Abdomen 367

Skeletal Landmarks 367

Muscles and Other Abdominal Surface Features 368

11.4e The Back 368

Bones of the Back 368

Muscles of the Back 369

11.4f The Upper Limb and Shoulder 369

The Axilla 369

The Shoulder 370

The Arm 370

The Elbow Region 371

The Forearm and Hand 372

11.4g The Lower Limb and Gluteal Region 372

The Gluteal Region 372*The Thigh* 375*The Leg and Foot* 375**CLINICAL APPLICATIONS**

Compartment Syndrome 302 Torticollis 317
 Hernia 323 Tennis Elbow 336 Lacerations to the
 Neck 367 The Triangle of Auscultation 369
 Gluteal Intramuscular Injections 373

Related Clinical Terms 376**Chapter Summary** 376**Review Questions** 379

12 Fundamentals of the Nervous System and Nervous Tissue 381

12.1 The Functional Organization of the Nervous System 382

12.1a Functions of the Nervous System 382

12.1b Basic Divisions of the Nervous System 382

Somatic Sensory (SS) 384*Visceral Sensory (VS)* 384*Somatic Motor (SM)* 384*Visceral Motor (VM)* 384

12.2 Nervous Tissue 385

12.2a The Neuron 385

The Cell Body 385*Neuron Processes* 385*Synapses* 386*Classification of Neurons* 387

12.2b Neuroglia 390

Neuroglia in the CNS 390*Neuroglia in the PNS* 391*Myelin Sheaths* 391

12.3 Gross Anatomy of the Nervous System: An Overview 393

12.3a Gray and White Matter of the CNS 393

12.3b Nerves 393

12.4 Neuronal Integration 395

12.4a Reflex Arcs 395

Monosynaptic Reflex 395*Polysynaptic Reflex* 395

12.4b Neuronal Circuits 396

Diverging Circuit 397*Converging Circuit* 397*Reverberating Circuit* 397*Serial Processing* 397*Parallel Processing* 397**FOCUS FIGURE 12.13**

Neuronal Pathways 398

12.4c Integration Between the PNS and CNS 398

12.5 Disorders of Nervous Tissue 399

12.5a Multiple Sclerosis 399

12.5b Neuronal Regeneration 400

12.6 Nervous Tissue Throughout Life 401

12.6a Embryonic Development of Nervous Tissue 401

**CLINICAL APPLICATIONS**

Gliomas 391 Tic Douloureux 391 Regeneration and
 Spinal Cord Injuries 400

Related Clinical Terms 403**Chapter Summary** 403**Review Questions** 404

13 The Central Nervous System 406

13.1 The Brain 407

13.1a Embryonic Development of the Brain 407

13.1b Basic Parts and Organization of the Brain 408

Ventricles of the Brain 409*Distribution of Gray Matter and White Matter* 409

13.1c The Brain Stem 410

The Medulla Oblongata 410*The Pons* 412*The Midbrain* 413

13.1d The Cerebellum 415


The Cerebellar Peduncles 416

13.1e The Diencephalon 417

The Thalamus 417*The Hypothalamus* 417*The Epithalamus* 419

13.1f The Cerebrum 420

Lobes of the Cerebral Cortex 420*Functional Areas of the Cerebral Cortex* 420*White Matter of the Cerebrum* 428*Deep Gray Matter of the Cerebrum* 430

- 13.1g Functional Brain Systems 431
 - The Limbic System* 431
 - The Reticular Formation* 432
- 13.1h Protection of the Brain 433
 - Meninges* 435
 - Cerebrospinal Fluid* 436
 - Blood Brain Barrier* 439
- 13.2 The Spinal Cord 439**
- 13.2a White Matter of the Spinal Cord 442
- 13.2b Gray Matter of the Spinal Cord and Spinal Roots 443
- 13.2c Protection of the Spinal Cord 444
- 13.3 Sensory and Motor Pathways in the Central Nervous System 445**
- 13.3a Ascending Pathways 446
 - Spinocerebellar Pathway* 446
 - Dorsal Column–Medial Lemniscal Pathway* 446
 - Spinothalamic Pathway* 446
- 13.3b Descending Pathways 448
 - Direct Pathways (Pyramidal Tracts)* 450
 - Indirect Pathways (Extrapyramidal Tracts)* 450
- 13.4 Disorders of the Central Nervous System 451**
- 13.4a Spinal Cord Damage 451
- 13.4b Brain Dysfunction 451
 - Cerebrovascular Accidents* 451
- A CLOSER LOOK**
 - Traumatic Brain Injury* 452
 - Alzheimer’s Disease* 453
- 13.5 The Central Nervous System Throughout Life 453**
- 13.5a Embryonic Development and Congenital Conditions 453
- 13.5b Postnatal Changes in the Brain 454
- CLINICAL APPLICATIONS**
 -  Localization of a Brain Stem Injury 415 Injury to the Cerebellum 415 Why Won’t Teenagers Sleep at Night? 419 Phantom Limb Pain 423 Agnosia 426 Neglect Syndrome 427 Dyskinesia 431 Hydrocephalus 439 Flaccid and Spastic Paralysis 444 Meningitis 445 Amyotrophic Lateral Sclerosis (ALS) 451
- Related Clinical Terms 455**
- Chapter Summary 455**
- Review Questions 457**

14 The Peripheral Nervous System 459

- 14.1 Organization of the Peripheral Nervous System 460**
- 14.2 Peripheral Sensory Receptors 460**
- 14.2a Functional Classification 461
 - Location of Receptors* 461
 - Stimulus Type* 461
- 14.2b Structural Classification 461
 - Free Nerve Endings* 461
 - Encapsulated Nerve Endings* 463
- 14.3 Cranial Nerves 464**
- 14.4 Spinal Nerves 476**
- 14.4a Innervation of the Back 478
- 14.4b Innervation of the Anterior Thoracic and Abdominal Wall 478
- 14.4c Nerve Plexuses 478
 - The Cervical Plexus and Innervation of the Neck* 478
 - The Brachial Plexus and Innervation of the Upper Limb* 479
- FOCUS FIGURE 14.10**
 - Innervation of the Upper Limb* 482
 - The Lumbar Plexus and Innervation of the Lower Limb* 487
 - The Sacral Plexus and Innervation of the Lower Limb* 487
- FOCUS FIGURE 14.13**
 - Innervation of the Lower Limb* 488
- 14.4d Innervation of Joints of the Body 491
- 14.4e Innervation of the Skin: Dermatomes 491
- 14.5 Disorders of the Peripheral Nervous System 493**
- 14.5a Shingles 493
- 14.5b Migraines 493
- 14.5c Peripheral Neuropathy 493
- A CLOSER LOOK**
 - Postpolio Syndrome: The Plight of Some “Recovered” Polio Victims* 494
- 14.6 The Peripheral Nervous System Throughout Life 494**



CLINICAL APPLICATIONS

Paresthesia 464 Anosmia 467 Optic Nerve Damage 467 Oculomotor Nerve Paralysis 468 Trochlear Nerve Damage 468 Anesthesia for Upper and Lower Jaws 470 Abducens Nerve Paralysis 470 Bell's Palsy 471 Vestibulocochlear Nerve Damage 472 Glossopharyngeal Nerve Damage 473 Vagus Nerve Damage 474 Damage to Accessory Nerves 475 Hypoglossal Nerve Damage 475 Hiccups 479 Brachial Plexus Injuries 481 Median Nerve Injury 484 Ulnar Nerve Injuries 484 Radial Nerve Injuries 484 Compression of Lumbar Spinal Nerves 487 Sciatic Nerve Injuries 491 Clinical Importance of Dermatomes 493

Related Clinical Terms 495

Chapter Summary 495

Review Questions 497

15 The Autonomic Nervous System and Visceral Sensory Neurons 499

15.1 Overview of the Autonomic Nervous System 500

15.1a Comparison of the Autonomic and Somatic Motor Systems 500

FOCUS FIGURE 15.2

Comparing Somatic Motor and Autonomic Innervation 501

15.1b Divisions of the Autonomic Nervous System 502

15.2 The Parasympathetic Division 504

15.2a Cranial Outflow 504

Oculomotor Nerve (III) 504

Facial Nerve (VII) 504

Glossopharyngeal Nerve (IX) 505

Vagus Nerve (X) 505

15.2b Sacral Outflow 505

15.3 The Sympathetic Division 505

15.3a Basic Organization 505

Sympathetic Trunk Ganglia 508

Collateral Ganglia 508

15.3b Sympathetic Pathways 509

Pathways to the Body Periphery 510

Pathways to the Head 510

Pathways to the Thoracic Organs 510

Pathways to the Abdominal Organs 510

Pathways to the Pelvic Organs 512

15.3c The Role of the Adrenal Medulla in the Sympathetic Division 512

15.4 Visceral Sensory Neurons 513

15.5 Visceral Reflexes 513

15.6 Central Control of the Autonomic Nervous System 515

15.6a Control by the Brain Stem and Spinal Cord 515

15.6b Control by the Hypothalamus and Amygdaloid Body 515

15.6c Control by the Cerebral Cortex 515

15.7 Disorders of the Autonomic Nervous System 515

15.8 The Autonomic Nervous System Throughout Life 516



CLINICAL APPLICATIONS

Autonomic Neuropathy 503 Horner's Syndrome 510

Stress-Induced Hypertension 512 Autonomic

Hyperreflexia 514

Related Clinical Terms 517

Chapter Summary 517

Review Questions 518

16 The Special Senses 520

16.1 The Chemical Senses: Taste and Smell 521

16.1a Taste (Gustation) 521

Taste Buds 521

Taste Sensations and the Gustatory Pathway 522

16.1b Smell (Olfaction) 522

16.1c Embryonic Development of the Chemical Senses 523

16.1d Disorders of the Chemical Senses 524

16.2 The Eye and Vision 524

16.2a Accessory Structures of the Eye 524

Eyebrows 524

Eyelids 524

Conjunctiva 525

Lacrimal Apparatus 525

Extrinsic Eye Muscles 526

16.2b Anatomy of the Eyeball 527

The Fibrous Layer 527

The Vascular Layer 528

The Inner Layer 529
Internal Chambers and Fluids 532
The Lens 533

- 16.2c The Eye as an Optical Device 533
- 16.2d Visual Pathways 534
 - Visual Pathway to the Cerebral Cortex* 535
 - Visual Pathways to Other Parts of the Brain* 536
- 16.2e Embryonic Development of the Eye 536
- 16.2f Disorders of the Eye and Vision 538
- 16.3 The Ear: Hearing and Equilibrium 538**
 - 16.3a The External Ear 538
 - 16.3b The Middle Ear 540
 - 16.3c The Internal Ear 541
 - The Cochlea* 542
 - The Vestibule and the Utricle and Sacculae* 544
 - The Semicircular Canals and Semicircular Ducts* 545
 - 16.3d Auditory and Equilibrium Pathways 547
 - 16.3e Embryonic Development of the Ear 547
 - 16.3f Disorders of Equilibrium and Hearing 549
 - Motion Sickness* 549
 - Ménière's Syndrome* 549
 - Deafness* 549

16.4 The Special Senses Throughout Life 549

Olfaction and Taste 549
Vision 549
Hearing 550



CLINICAL APPLICATIONS

Anosmia 523 Strabismus 527 Corneal Transplants 527 Age-Related Macular Degeneration (AMD) 531 Detached Retina 532 Glaucoma 533 Cataract 533 Focusing Disorders 534 Perforated Eardrum 540 Middle Ear Infections 540 Otosclerosis 541

Related Clinical Terms 550

Chapter Summary 550

Review Questions 553

17 The Endocrine System 554

17.1 Overview 555

- 17.1a Endocrine Organs 555
- 17.1b Hormones 555

Classes of Hormones 555
Basic Hormone Action 556
Control of Hormone Secretion 556

17.2 The Major Endocrine Organs 557

- 17.2a The Pituitary Gland 557
 - Gross Anatomy* 557
 - The Anterior Lobe* 557
 - Hypothalamic Control of Hormone Secretion from the Anterior Lobe* 559
 - The Posterior Lobe* 559

FOCUS FIGURE 17.4

Hypothalamus and Pituitary Interactions 560

- 17.2b The Thyroid Gland 563
 - Gross Anatomy* 563
 - Microscopic Anatomy* 563
- 17.2c The Parathyroid Glands 564
 - Gross Anatomy* 565
 - Microscopic Anatomy* 565
- 17.2d The Adrenal (Suprarenal) Glands 566
 - Gross Anatomy* 566
 - The Adrenal Medulla* 566
 - The Adrenal Cortex* 566
- 17.2e The Pineal Gland 568
- 17.2f The Pancreas 568
- 17.2g The Thymus 569
- 17.2h The Gonads 569

17.3 Other Endocrine Structures 569

17.4 Disorders of the Endocrine System 570

- 17.4a Pituitary Disorders 570
- 17.4b A Disorder of the Pancreas: Diabetes Mellitus 570
 - Type 1 Diabetes* 571
 - Type 2 Diabetes* 571
- 17.4c Disorders of the Thyroid Gland 571
- 17.4d Disorders of the Adrenal Cortex 572

17.5 The Endocrine System Throughout Life 572



CLINICAL APPLICATIONS

Therapeutic Uses of Growth Hormone 559
 Therapeutic Uses of Oxytocin 563
 Osteoporosis Treatment 564

Related Clinical Terms 574

Chapter Summary 574

Review Questions 576

18 Blood 578

18.1 Composition of Blood 579

18.1a Blood Plasma 579

18.1b Formed Elements 580

Erythrocytes 580

Leukocytes 581

Platelets 585

18.2 Blood Cell Formation 585

18.2a Bone Marrow as the Site of Hematopoiesis 585

18.2b Cell Lines in Blood Cell Formation 586

Genesis of Erythrocytes 588

Formation of Leukocytes and Platelets 588

18.3 Disorders of the Blood 588

18.3a Disorders of Erythrocytes 588

18.3b Disorders of Leukocytes 589

18.3c Disorders of Platelets 589

18.4 The Blood Throughout Life 589

A CLOSER LOOK

Hematopoietic Cell Transplants 590



CLINICAL APPLICATIONS

Hemochromatosis 580 Thalassemia 581 Complete Blood Count 584 Thrombus 585 Abnormal Numbers of Immature Blood Cells 588

Related Clinical Terms 591

Chapter Summary 591

Review Questions 592

19 The Heart 594

19.1 Location and Orientation Within the Thorax 595

19.2 Structure of the Heart 597

19.2a Coverings 597

19.2b Layers of the Heart Wall 597

19.2c Heart Chambers 598

Right Atrium 598

Right Ventricle 598

Left Atrium 598

Left Ventricle 603

19.3 Heart Valves 603

19.3a Valve Structure 603

19.3b Valve Function 603

19.3c Heart Sounds 603

19.4 Pathway of Blood Through the Heart 605

FOCUS FIGURE 19.10

Blood Flow Through the Heart 606

19.5 Cardiac Muscle Tissue 607

19.5a Structure of Cardiac Muscle 607

19.5b Mechanism of Contraction 608

19.6 Conducting System and Innervation 609

19.6a Conducting System 609

19.6b Innervation 610

19.7 Blood Supply to the Heart 611

19.7a Coronary Arteries 611

19.7b Cardiac Veins 612

19.8 Disorders of the Heart 612

19.8a Coronary Artery Disease 612

19.8b Heart Failure 612

A CLOSER LOOK

Coronary Artery Disease 613

19.8c Disorders of the Conduction System 614

19.9 The Heart Throughout Life 614

19.9a Development of the Heart 614

19.9b The Heart in Adulthood and Old Age 616



CLINICAL APPLICATIONS

Pericarditis and Cardiac Tamponade 597 Valve Disorders 604 Hypertrophic Cardiomyopathy 607 Damage to the Conducting System 610

Related Clinical Terms 616

Chapter Summary 616

Review Questions 618

20 Blood Vessels 620

Part 1: General Characteristics of Blood Vessels 621

20.1 Structure of Blood Vessel Walls 621

20.2 Types of Blood Vessels 621

- 20.2a Arteries 621
Elastic Arteries 621
Muscular Arteries 623
Arterioles 623
- 20.2b Capillaries 624
Continuous Capillaries 624
Fenestrated Capillaries 624
Sinusoid Capillaries (Sinusoids) 625
Capillary Permeability 625
Capillary Beds 625
- 20.2c Venous Vessels 626
Venules 626
Veins 626
- 20.3 Vascular Anastomoses 627**
- Part 2: Blood Vessels of the Body 628**
- 20.4 The Pulmonary Circulation 628**
- 20.5 The Systemic Circulation 629**
- 20.5a Systemic Arteries 629
Aorta 631
Arteries of the Head and Neck 632
Arteries of the Thorax 634
Arteries of the Upper Limbs 635
Arteries of the Abdomen 635
Arteries of the Pelvis and Lower Limbs 638
- 20.5b Systemic Veins 640
Venae Cavae and Their Major Tributaries 642
Veins of the Head and Neck 642
Veins of the Thorax 643
Veins of the Upper Limbs 644
Veins of the Abdomen 645
Portal-Systemic Anastomoses 648
Veins of the Pelvis and Lower Limbs 648
- 20.6 Disorders of the Blood Vessels 650**
- A CLOSER LOOK**
Atherosclerosis? Get Out the Cardiovascular Dräno 651
- FOCUS FIGURE 20.25**
Fetal and Newborn Circulation 652
- 20.7 Blood Vessels Throughout Life 654**
- 20.7a Fetal Circulation 654
Vessels to and from the Placenta 654
Shunts Away from the Pulmonary Circuit 654
- 20.7b Blood Vessels in Adulthood 655



CLINICAL APPLICATIONS

Varicose Veins 628 Pulse Points in the Head and Neck 632 Pulse Points in the Upper Limb 634 Pulse Points in the Lower Limb 639 Medical Importance of The Cavernous Sinus 643 Medical Importance of the Saphenous Veins 649

Related Clinical Terms 655

Chapter Summary 655

Review Questions 657

21 The Lymphatic and Immune Systems 659

21.1 The Lymphatic System 660

- 21.1a Lymphatic Capillaries 660
- 21.1b Collecting Lymphatic Vessels 661
Lymph Transport 661
- 21.1c Lymph Nodes 661
Microscopic Anatomy 662
- 21.1d Lymph Trunks 662
- 21.1e Lymph Ducts 662
Thoracic Duct 662
Right Lymphatic Duct 663

21.2 The Immune System 664

- 21.2a Lymphocytes 665
- 21.2b Lymphocyte Differentiation and Activation 666
- 21.2c Lymphoid Tissue 667

A CLOSER LOOK

AIDS: The Modern-Day Plague? 668

- 21.2d Lymphoid Organs 669
Thymus 669
Lymph Nodes 670
Spleen 670
Tonsils 672
Aggregated Lymphoid Nodules and the Appendix 672

21.3 Disorders of the Lymphatic and Immune Systems 673

21.4 The Lymphatic and Immune Systems Throughout Life 673



CLINICAL APPLICATIONS

The Lymph Vessels and Edema 661 Swollen Lymph Nodes 662 Vaccination 667 Splenectomy 671

Related Clinical Terms 674

Chapter Summary 674

Review Questions 676

22 The Respiratory System 677

22.1 Functional Anatomy of the Respiratory System 678

22.1a The Nose and the Paranasal Sinuses 679

The Nose 679

The Nasal Cavity 680

The Paranasal Sinuses 682

22.1b The Pharynx 683

The Nasopharynx 683

The Oropharynx 683

The Laryngopharynx 683

22.1c The Larynx 683

Voice Production 686

Sphincter Functions of the Larynx 686

Innervation of the Larynx 686

22.1d The Trachea 686

22.1e The Bronchial Tree 688

Bronchi in the Conducting Zone 688

The Respiratory Zone 689

22.1f The Lungs and Pleurae 691

Gross Anatomy of the Lungs 691

Blood Supply and Innervation of the Lungs 691

The Pleurae 694

22.2 Ventilation 696

22.2a The Mechanism of Ventilation 696

Inspiration 696

Expiration 697

22.2b Neural Control of Ventilation 698

22.3 Disorders of the Respiratory System 699

22.3a Bronchial Asthma 699

22.3b Cystic Fibrosis 699

A CLOSER LOOK

Lung Cancer: The Facts Behind the Smoke Screen 700

22.3c Chronic Obstructive Pulmonary Disease 701

Chronic Bronchitis 701

Emphysema 701

22.4 The Respiratory System Throughout Life 702



CLINICAL APPLICATIONS

Rhinitis 680 Epistaxis 682 Sinusitis 682 Infection of the Adenoids 683 Laryngitis 686 Tracheotomy (Tracheostomy) 687 Pleurisy and Pleural Effusion 695 Collapsed Lung 696 Respiratory Distress Syndrome 698

Related Clinical Terms 703

Chapter Summary 703

Review Questions 705

23 The Digestive System 707

23.1 Overview 708

23.1a Abdominal Regions 709

FOCUS FIGURE 23.3

Peritoneum and the Digestive System Organs 710

23.1b The Peritoneal Cavity and Peritoneum 712

Mesenteries 712

23.1c Digestive Processes 714

23.2 Anatomy of the Alimentary Canal 715

23.2a Histology 715

The Mucosa 715

The Submucosa 715

The Muscularis Externa 717

The Serosa 717

23.2b Smooth Muscle 717

Structure of Smooth Muscle 717

Mechanism of Contraction 718

Innervation of Smooth Muscle and Glands 718

23.2c The Mouth and Associated Organs 719

The Mouth 719

The Tongue 720

The Teeth 721

The Salivary Glands 723

23.2d The Pharynx 724

23.2e The Esophagus 724

Gross Anatomy 724

Microscopic Anatomy 724

23.2f The Stomach 726

Gross Anatomy 726

Microscopic Anatomy 727

23.2g The Small Intestine 729

Gross Anatomy 729

Microscopic Anatomy 729

23.2h The Large Intestine 732*Gross Anatomy 732**Defecation 734**Microscopic Anatomy 735***FOCUS FIGURE 23.24**

Digestive Processes and Histology of the Alimentary Canal 736

23.3 Anatomy of the Accessory Organs 738**23.3a The Liver 738***Gross Anatomy 739**Microscopic Anatomy 739***23.3b The Gallbladder 742***Gross Anatomy 742**Microscopic Anatomy 742***23.3c The Pancreas 742***Gross Anatomy 742**Microscopic Anatomy 743***23.4 Disorders of the Digestive System 744****23.4a Peptic Ulcers 744****23.4b Intestinal Obstruction 744****23.4c Inflammatory Bowel Disease 744****23.4d Viral Hepatitis 744****23.4e Cystic Fibrosis and the Pancreas 745****23.5 The Digestive System Throughout Life 745****23.5a Embryonic Development 745****23.5b The Digestive System in Later Life 746****CLINICAL APPLICATIONS**

Bowel Sounds 709 Peritonitis 712 Impacted Tooth 721 Gum Disease 723 Mumps 724 Hiatal Hernia and Gastroesophageal Reflux Disease 725 Appendicitis 733 Diverticulosis and Diverticulitis 734 Hemorrhoids 734 Cirrhosis 742 Gallstones 742 Pancreatitis 743 Developmental Abnormalities 746

Related Clinical Terms 747**Chapter Summary 747****Review Questions 750****24 The Urinary System 752****24.1 Kidneys 753****24.1a Gross Anatomy of the Kidneys 753***Location and External Anatomy 753**Internal Gross Anatomy 754**Gross Vasculature and Nerve Supply 755***24.1b Microscopic Anatomy of the Kidneys 756***Mechanisms of Urine Production 757**Nephron Structure 757**Blood Vessels Associated with Nephrons 762**Juxtaglomerular Complex 762***24.2 Ureters 763****24.2a Gross Anatomy 763****24.2b Microscopic Anatomy 763****24.3 Urinary Bladder 764****24.3a Gross Anatomy 764***Vessels and Nerves 765***24.3b Microscopic Anatomy 765****24.4 Urethra 766****24.5 Micturition 767****24.6 Disorders of the Urinary System 768****24.6a Urinary Tract Infections 768****24.6b Renal Calculi 768****24.6c Cancer of Urinary Organs 769****24.7 The Urinary System Throughout Life 769****CLINICAL APPLICATIONS**

Pyelonephritis 755 Pyelography 763 Micturition Dysfunctions 768 Kidney Transplant 769

Related Clinical Terms 771**Chapter Summary 771****Review Questions 773****25 The Reproductive System 775****25.1 The Male Reproductive System 776****25.1a The Testes 776***Location 776**Gross Anatomy 777**Microscopic Anatomy 779***25.1b Male Reproductive Ducts 779***The Epididymis 779**The Ductus Deferens 780**The Spermatic Cord 781**The Urethra 782***25.1c Accessory Glands 782***The Seminal Glands 782**The Prostate 782**The Bulbo-urethral Glands 783*

- 25.1d The Penis 783
 - Vessels and Nerves* 784
 - Male Sexual Response* 784
- 25.1e The Male Perineum 784
- 25.1f Spermatogenesis 784
- 25.2 The Female Reproductive System 787**

- 25.2a The Ovaries 787
 - Gross Anatomy* 787
 - Microscopic Anatomy* 789
 - 25.2b The Uterine Tubes 789
 - 25.2c The Uterus 790
 - Supports of the Uterus* 790
 - The Uterine Wall* 791
 - 25.2d The Vagina 792
 - 25.2e The External Genitalia and Female Perineum 793
 - 25.2f Oogenesis and the Female Menstrual Cycle 794
 - Oogenesis* 794
 - The Ovarian Cycle* 794
 - The Uterine Cycle* 798
 - 25.2g The Mammary Glands 798
- A CLOSER LOOK**
Contraception: To Be or Not To Be 799

25.3 Pregnancy and Childbirth 800

- 25.3a Pregnancy 800
 - Events Leading to Fertilization* 800
 - Implantation* 802
 - Formation of the Placenta* 804
 - Exchange Across the Placenta* 804
- 25.3b Childbirth 805

25.4 Disorders of the Reproductive System 806

- 25.4a Reproductive System Cancers in Males 806
 - Testicular Cancer* 806
 - Prostate Cancer* 806
- 25.4b Reproductive System Cancers in Females 806
 - Ovarian Cancer* 806
 - Endometrial Cancer* 807
 - Cervical Cancer* 807
 - Breast Cancer* 807

25.5 The Reproductive System Throughout Life 808

- 25.5a Embryonic Development of the Sex Organs 808
- 25.5b Descent of the Gonads 808
- 25.5c Puberty 811
- 25.5d Menopause 811



CLINICAL APPLICATIONS

Varicocele 779 Vasectomy 781 Inguinal Hernia 781
Benign Prostatic Hyperplasia 783 Circumcision 783
Pelvic Inflammatory Disease 790 Episiotomy 794
Endometriosis 798 Ectopic Pregnancy 803 Displaced
Placenta 805 Hypospadias 808 Cryptorchidism 810

Related Clinical Terms 812

Chapter Summary 812

Review Questions 814

Answers Appendix 817

Appendix A The Metric System 827

Glossary 829

Credits 841

Index 843