

CONTENTS

Lists	viii
Preface	ix
About the authors	xi

UNIT ONE

FUNDAMENTAL MICROBIOLOGY 1

CHAPTER 1	The invisible world 2
	<i>Penny Bishop</i>
	The importance of microorganisms in our environment 3
	Microorganisms as pathogens 3
	The nature of living organisms 4
	Classification of living organisms 4
	Prokaryotic and eukaryotic cells 4
	Viruses 5
	Discovery of the causes of infectious diseases 5
	Infectious diseases in the 21st century 12
	The global health scene 13
	New and emerging infectious diseases 13
	Reasons for the emergence and re-emergence of infectious diseases 17
	Conclusion 21
CHAPTER 2	Biological reactions in microbial cells 24
	<i>Penny Bishop</i>
	Structure of biological molecules 25
	Enzymes and chemical reactions 26
	Energy production in biological systems 28
	Structure of biological molecules 29
	Biochemical pathways of energy production 32
	Anabolism—biosynthesis of cellular components 35
	Interrelationship of metabolic pathways 36
	Practical applications of microbial processes 37
	Industrial applications of microbial metabolism 37
	Microorganisms as tools in scientific research 40
	Environmental uses for microorganisms 40
CHAPTER 3	Bacteria 44
	<i>Penny Bishop</i>
	Classification of bacteria 45
	Structure of bacteria 46

	Reproduction in bacterial cells 52
	Pattern of bacterial reproduction 55
	Identification of bacteria in clinical samples 57
	Growth of clinical specimens 59
	Diversity of bacteria 60
	Bacteria of medical importance 61
CHAPTER 4	Genes and biotechnology 66
	<i>Penny Bishop</i>
	Genes 67
	Structure of DNA 67
	Nucleic acid synthesis 69
	Replication of chromosomal DNA 69
	Protein synthesis 69
	Mutation 73
	Transfer of genetic information 74
	Genetic engineering 77
	Methods of DNA analysis 81
	The future of biotechnology 83
	The ethics of genetic engineering 83
CHAPTER 5	Viruses and viral diseases 85
	<i>Penny Bishop</i>
	Characteristics of viruses 86
	Structure of viruses 86
	Classification of viruses 88
	Host range and specificity 88
	Viral replication 89
	Pathogenesis of viral infections in humans 92
	Host response to viral infection 92
	Viral evasion mechanisms 95
	Outcomes of viral infection 95
	Persistence of viral infections 97
	Transmission of viral diseases 99
	Diagnosis of viral infections 103
	Production of viruses in the laboratory 104
	Prevention of viral disease 105
	Treatment of viral infections 107
	Future directions in virus research 107

CHAPTER 6	Eucaryotic microorganisms: fungi, protozoa and multicellular parasites	110	Other mechanisms of pathogenesis	235
	<i>Penny Bishop</i>		Evasion strategies	235
	Fungi	111		
	Parasites	120		
	Protozoa	121		
	Helminths	126		
	Ectoparasites	131		
	Arthropod vectors	132		
UNIT TWO				
HOST–MICROBE INTERACTIONS 135				
CHAPTER 7	Host–microbe interactions and principles of disease	136		
	<i>Penny Bishop</i>			
	Symbiosis	137		
	Microorganisms of the human body: normal flora (microbiota)	138		
	Infection and disease	141		
	The disease process	142		
	Koch's Postulates	145		
	Signs and symptoms of disease	146		
	Development of disease	149		
	Types of infection	151		
	Spread of infectious diseases	155		
CHAPTER 8	Epidemiology: how diseases are spread	157		
	<i>Penny Bishop</i>			
	Communicable and non-communicable diseases	158		
	Reservoirs of infection	158		
	Portals of entry	162		
	Portals of exit	167		
	Transmission of microorganisms	169		
	Epidemiology	174		
	Evidence-based practice	178		
CHAPTER 9	The body's defence systems	182		
	<i>Gary Lee</i>			
	Overview of body defences	183		
	Innate immunity	184		
	Acquired immune system	196		
	Disorders of the immune system	215		
CHAPTER 10	Pathogenic mechanisms and evasion strategies of microorganisms	225		
	<i>Gary Lee</i>			
	Adherence	226		
	Toxins	228		
	Invasion of cells	234		
	Cellular transformation into tumour cells	235		
UNIT THREE				
PREVENTION AND CONTROL OF INFECTIOUS DISEASES 241				
CHAPTER 11	Principles of sterilisation and disinfection	242		
	<i>Gary Lee</i>			
	Traditional methods of control	243		
	General principles of microbial removal	244		
	Selection of method for removal of microorganisms	245		
	Cleaning	246		
	Sterilisation	247		
	Disinfection	252		
CHAPTER 12	Antimicrobial therapy	260		
	<i>Penny Bishop</i>			
	The origins of chemotherapy	261		
	The development of antimicrobial drugs	262		
	Antibacterial drugs	263		
	Antifungal drugs	270		
	Antiparasitic drugs	271		
	Antiviral drugs	271		
	Therapeutic use of antimicrobial drugs	274		
	Implications for nursing practice	279		
	Development of resistance to antimicrobial drugs	281		
	Probiotics	284		
	Alternative medicines	284		
CHAPTER 13	Infection control in healthcare facilities	288		
	<i>Gary Lee</i>			
	A brief history of hospital infection	290		
	The importance of healthcare-associated infections	291		
	Types of healthcare-associated infections	292		
	Organisms that cause healthcare-associated infections	292		
	Sources of hospital infections	297		
	Routes of transmission of microorganisms in healthcare	300		
	Factors contributing to the incidence of hospital-acquired infections	300		
	Control of infection in healthcare facilities	304		
	Other infection control considerations	311		
	Infection control teams	313		
	Specific problems in infection control	314		
	Occupational exposure for hospital staff	317		
	Conclusion	318		

CHAPTER 14	Issues in public health	322	CHAPTER 17	Respiratory tract infections	414
	<i>Penny Bishop</i>			<i>Gary Lee</i>	
	Public health	323		Predisposing factors of respiratory infections	415
	Notifiable diseases	324		Upper respiratory tract infections	416
	Infectious diseases in Australia	325		Lower respiratory tract infections	422
	Analysis of notification rates	327		Chronic infections of the lower respiratory tract	435
	Primary healthcare	331	CHAPTER 18	Gastrointestinal tract infections	443
	Screening procedures	331		<i>Gary Lee</i>	
	Immunisation	332		Acute diarrhoeal diseases	444
	Compliance with immunisation	338		Other gastrointestinal diseases	458
	Infectious diseases in childcare centres	345		Helminth infections of the gastrointestinal tract	461
	Healthcare in rural and remote areas	348		Hepatitis	463
	Infectious diseases from outside Australia	354	CHAPTER 19	Cardiovascular and multisystem infections	476
	Public health issues in New Zealand	358		<i>Gary Lee</i>	
				Systemic bacterial infections	477
				Systemic viral infections	487
				Systemic fungal infections	500
				Systemic protozoal infections	500
				Systemic helminth infections	505
UNIT FOUR			CHAPTER 20	Infections of the nervous system	509
INFECTIONS OF BODY SYSTEMS	365			<i>Gary Lee</i>	
CHAPTER 15	Microbial techniques for diagnosis of infection	366		Infections of the central nervous system	510
	<i>Gary Lee</i>			Other infections involving the nervous system	523
	Types of microbiology laboratory tests	367	CHAPTER 21	Infections of the urinary and reproductive systems	536
	Microscopic techniques	370		<i>Gary Lee</i>	
	Specimen collection for culture	372		Defences of the urinary and reproductive systems	537
	Common specimen types for culture	373		Urinary tract infections	537
	Culturing bacteria and fungi	378		Infections of the reproductive system	541
	Culture of other microorganisms	381			
	Serology (immunologic diagnosis)	381			
	Antigen detection	383			
	Detection of microorganisms using molecular techniques	383			
	Other modern diagnostic technologies	386			
	Point of care testing	386			
CHAPTER 16	Skin, wound and eye infections	390			
	<i>Gary Lee</i>				
	Infections of the skin	391			
	Wound infections	403			
	Infections of the eye	408			
<hr style="border-top: 2px dashed #008080;"/>					
	Glossary	559			
	Index	582			

LISTS

LIST OF CASE HISTORIES

- 2.1 Diagnosis of illness 38
- 3.1 Food poisoning due to *Clostridium perfringens* 54
- 4.1 Tracing the source of hospital infection 82
- 5.1 Risks associated with needlestick injuries 98
- 5.2 Cervical cancer 100
- 5.3 Viral transmission in organ transplants 101
- 6.1 *Plasmodium knowlesi* 125
- 7.1 Life-threatening cellulitis after tattooing 143
- 7.2 Respiratory syncytial virus in a nursing home 145
- 7.3 Systemic disease related to tinea 153
- 7.4 Pneumonia outbreak in a boarding school 154
- 8.1 SARS 166
- 8.2 Listeria infection 167
- 8.3 Food poisoning at a wedding 173
- 8.4 Tracing the outbreak of haemolytic uraemic syndrome in Germany, 2011 176
- 9.1 Glandular fever diagnosis 207
- 9.2 Tetanus immunisation 214
- 9.3 Allergy 219
- 10.1 *Staphylococcus aureus* cellulitis 231
- 10.2 Diphtheria 233
- 10.3 Shingles 236
- 12.1 Nursing management of a pneumonia patient 279
- 12.2 Drug administration 280
- 13.1 MRSA outbreak in an ICU 294
- 13.2 A new superbug: NDM-1 295
- 13.3 Hypervirulent *Clostridium difficile* 296
- 13.4 Infection in a burns patient 316
- 15.1 Meningococcal meningitis 376
- 15.2 Herpes simplex encephalitis 386
- 16.1 Bairnsdale ulcer 394
- 16.2 Congenital rubella 395
- 16.3 Measles 397
- 16.4 Necrotising fasciitis 407
- 16.5 Conjunctivitis 409
- 16.6 Pharyngoconjunctival fever 410
- 17.1 Epiglottitis 421
- 17.2 Whooping cough (pertussis) 424
- 17.3 H1N1 influenza 428
- 17.4 Legionnaires' disease 431
- 17.5 Tuberculosis 437
- 18.1 *Salmonella* gastroenteritis 448
- 18.2 Cholera 450
- 18.3 Shigellosis 451
- 18.4 *Clostridium difficile* ribotype 027 452
- 18.5 Norovirus 454
- 18.6 Staphylococcal gastroenteritis 457
- 18.7 *Listeria* outbreak 461
- 18.8 Hepatitis A 466
- 18.9 Hepatitis B 468
- 18.10 Hepatitis C 471
- 19.1 Septicaemia 478
- 19.2 Acute rheumatic fever 479
- 19.3 Osteomyelitis 482
- 19.4 Leptospirosis 485
- 19.5 Anthrax in heroin users 485
- 19.6 Dengue fever 495
- 19.7 Malaria 503
- 20.1 Meningococcal infection 512
- 20.2 Neonatal meningitis 514
- 20.3 Outbreak of viral meningitis 520
- 20.4 Murray Valley encephalitis 522
- 20.5 Leprosy 526
- 20.6 Rabies 528
- 21.1 Urinary tract infection 539
- 21.2 Gonorrhoea 543
- 21.3 Syphilis 547
- 21.4 Urethritis 549
- 21.5 Genital herpes 550
- 21.6 Genital warts 552
- 21.7 Pelvic inflammatory disease 554

LIST OF SPOTLIGHT ON BOXES

- Ch 1 International travel and the spread of disease 20
- Ch 2 Bioremediation—environmental uses for bacteria 41
- Ch 4 The Human Genome Project 67
- Ch 4 Sickle cell anaemia 73
- Ch 4 Genetic engineering 79
- Ch 5 Influenza A 96
- Ch 6 Water quality and public health 126
- Ch 8 Viral zoonoses linked to flying foxes 160
- Ch 8 Legionnaires' disease: an epidemiological investigation 172
- Ch 11 Prions 247
- Ch 12 Global spread of carbapenem resistance 282
- Ch 12 Phage therapy 284
- Ch 13 Imported infections 303
- Ch 14 Eradication of polio: the importance of herd immunity 339
- Ch 14 MMR vaccine and autism 341
- Ch 14 Arboviruses endemic to Australia 355
- Ch 17 The 2009 pandemic H1N1 influenza 426
- Ch 18 Outbreak of haemolytic uraemic syndrome 449
- Ch 19 HIV link to Bali tattoo 491
- Ch 19 Ross River virus 494
- Ch 19 Dengue fever alert for Bali travellers 496
- Ch 19 Ebola virus 499
- Ch 20 Aseptic meningitis: warning on eating raw slugs 519
- Ch 20 Rabies 527
- Ch 21 Sexually transmitted infections 542